

Be a Lunch Time Hero!

Pack a waste-free lunch



Packing a waste-free lunch can:

- Save up to \$300 a year.
- Save natural resources by reducing your packaging.
- Prepare a more nutritious lunch.

Americans produce up to 1/2 pound of lunch waste each day, enough to fill four garbage cans a year. Help reduce waste by packing your lunch. The power is in your hands!

3 simple steps to a waste-free lunch

- 1 Use a lunch box or reusable sack.
- 2 Include a cloth napkin and reusable silverware.
- 3 Make use of reusable food and drink containers.

